

Members Benefits

- Quarterly KEHPCA members/friends e-newsletter
- Regular e-alerts on funding opportunities, conferences and professional development opportunities
- Priority booking for all KEHPCA events and training sessions
- Members/friends discounted registration fee for the biennial KEHPCA National Conference
- Invitations to annual members/friends AGM and annual fundraising event
- Opportunity for support and recommendation letters from KEHPCA while applying for professional development study grants or international conference travel grants
- Networking opportunities with hospice and palliative care professionals across Kenya
- Opportunity to submit news articles and conference papers to be published in KEHPCA e-newsletters and on KEHPCA website
- Reduced rate for membership to the International Association of Hospice and Palliative Care



Pharmacists learn how to reconstitute morphine

to **cure** sometimes
to **Relieve** often
to **comfort** always

Palliative care respects the goals, preferences and choices of the patient

- Palliative care looks after the medical, emotional, social and spiritual needs of the patient
- Palliative care supports the needs of family members
- Palliative care helps gain access to the necessary health care providers and appropriate care settings
- Palliative care builds ways to provide excellent care during illness and at the end of life

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OUR PARTNERS



HOSPICES AND PALLIATIVE CARE UNITS

Front photo courtesy of Sven Torfinn, Panos for the Open Society Foundations

www.kehpc.org



**ADVOCATING FOR QUALITY
PALLIATIVE CARE
IN KENYA**



Kenya Hospices and Palliative Care Association

**Winner
Red
Ribbon
AWARD
2012**

Who We Are

KEHPCA is the overarching body that supports all aspects of Hospice and Palliative Care throughout Kenya.

Mission

To promote and support acceptable, accessible and affordable quality palliative care for individuals and families by creating networks of informed and empowered institutions in Kenya.

Goal

To enhance provision of palliative care and improve the quality of life of persons affected with life threatening illnesses and their families.



Facilitators Sheryl Wust (standing) and Esmé Pudule (leaning on table) from Hospice Palliative Care Association of South Africa attend to participants during a palliative care mentorship training in Nairobi

What is Palliative Care?

Palliative care is an approach that improves quality of life of both patients and their families or carers facing the problems associated with any life threatening illness.

It is a service that fits around the individual and their family's needs and can be accessed from the moment of diagnosis onwards both to children and adults. It incorporates pain management, does not aim to cure nor hasten death but enables the patient and family /carers cope with the illness.



Health Cabinet Secretary Mr. James Macharia and KEHPCA Executive Director Dr. Zipporah Ali launching palliative care documents

What KEHPCA Does

KEHPCA promotes the concept and value of palliative care to the public and to those working in the health sector

- Provides a vast range of training for Health Care Professionals including, Introduction to Palliative Care, Continuous Medical Education (CME) and Continuous Professional Development (CPD) points on aspects of palliative care such as the latest in Pain Assessment and Management; Ethics; Communication; Professionalism and much more
- Works with health professional training institutions to integrate palliative care in their respectful curricula
- Works with the Ministry of Health to integrate palliative care services so as to strengthen health systems
- Provides technical support to set up new hospice and palliative care units
- Provides technical support to existing hospice and palliative care service providers
- Seeks to address ethical and legal aspects in palliative care by working with several hospices to empower hospice workers, patients and their families on their palliative care rights
- Supports hospices, palliative care units, interested organizations and health care professionals to develop their capacity in palliative care
- Advocates for easy access and appropriate use of oral morphine for moderate to severe pain relief
- Works with relevant stakeholders to create national policies and guidelines on palliative care
- Advocates for palliative care to become high on the Government agenda
- Promotes the notion of paediatric palliative care
- Ensures high standards of palliative care are met in each hospice and palliative care unit
- Maintains partnership of the Hospice and Palliative Care Network

How to Help

KEHPCA is grateful for the support it receives from its funders. However, if it is to make a difference, it is important that we create sustainable change. You can support us by becoming a friend of KEHPCA, your participation will help us achieve our goal.

ANNUAL SUBSCRIPTION

Please select the desired category: *(Tick One)*

Health Care Service Providers	Ksh. 10,000	<input type="checkbox"/>
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Students	Ksh.200	<input type="checkbox"/>

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- Go to the Safaricom Menu on your phone
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- For the **account number** enter the KEHPCA business number **830600** again
- Enter the required amount
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- Confirm your transaction
- Wait for a **confirmation message** from MPESA

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ehospice
Palliative care news,
views and inspiration
from Kenya and
around the world

