



ANNUAL REPORT

2024



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Executive Director's Message

David Musyoki



It is with great honour to present KEHPCA's 2024 Executive Director's remarks in my first year of service. I sincerely appreciate my predecessor, Ms. Mackuline, for her exceptional leadership and the strong foundation she laid while at KEHPCA, which continues to inspire and guide our work. The year 2024 was marked by transition and significant progress in advancing quality palliative care for all in Kenya. I extend my sincere appreciation to the Board, staff, member institutions, Friends of KEHPCA, our development partners and the Ministry of Health, whose unwavering support has enabled us to sustain and expand our impact across the country. Dr. Esther Muinga, who was seconded to KEHPCA in 2012 as the Special Coordinator for Access to Pain Relief and Palliative Care, was redeployed to the Ministry of Health's Division of Healthy Aging, Palliative Care, and Older Persons, leaving a legacy of significant contributions to the advancement of palliative care in Kenya.

KEHPCA's work was informed and implemented as per the Strategic Plan (2022–2026), anchored on four pillars: Member Revitalization and Development; Information, Education and Awareness; Palliative Care Advancement; and KEHPCA Strengthening. Across these pillars, we registered notable achievements reflecting our collective commitment to strengthening palliative care services at national and county levels.

Under the Member Revitalization and Development pillar, KEHPCA's membership grew to 47 paid-up institutions and 34 Friends of KEHPCA, signalling expanding ownership of the national palliative care agenda. We supported member facilities through mentorship, support supervision, and distribution of palliative care advocacy materials.

Through the Information, Education and Awareness pillar, we strengthened capacity building efforts, training and sensitizing hundreds of healthcare providers, auxiliary staff, caregivers, and community members. Training covered both adult and paediatric aspects in palliative care, lung cancer management, palliative care in humanitarian settings, pain management, sexual and reproductive health. KEHPCA conducted webinars, online courses and social media campaigns to widen public awareness and empower communities in order to respond to palliative care needs.

The Palliative Care Advancement pillar saw progress in policy development, systems strengthening, and multi-sectoral collaboration. Together with the Ministry of Health, we undertook the development and review of Kenya's palliative care strategy, standards, and guidelines. These documents will provide national direction for service delivery. We continued advocating for access to pain relief, including engagement with KEMSA on morphine supply challenges, and purchased emergency buffer morphine during national stockouts. KEHPCA also contributed to key national forums, research dialogues, professional conferences, and partnerships on SRH integration, childhood cancer, lung cancer, and universal health coverage.

Under KEHPCA Strengthening, we enhanced organizational governance, compliance, and operational systems. This included finalizing KEHPCA's updated CR12.

We successfully completed key leadership transitions, including my appointment as Executive Director and recruitment of the Director of Programs, Ms Roselyne Omolo and the KEHPCA Program officer, Dr. Beryl Okose. The organization also upgraded its mobility and field support capacity through the acquisition of a new vehicle.

The progress achieved in 2024 was made possible despite staffing transitions, donor reviews and increased program demands. I commend the KEHPCA team for their dedication and commitment to excellence, often going beyond expectations to ensure continuity of services.

As we look ahead, KEHPCA remains committed to expanding access to compassionate and quality palliative care for all. KEHPCA shall continue working with all stakeholders and allies to ensure that individuals and families facing serious health-related suffering receive the care they so deserve which aligns to the KEHPCA Cares concept.

God Bless KEHPCA!

David Musyoki
Executive Director
Kenya Hospices and Palliative Care Association (KEHPCA)

KEHPCA Board Chair's Remarks

Dr. Asaph Kinyanjui



On behalf of the KEHPCA Board, I extend my sincere appreciation to all the Board members, palliative care providers, partners and the Secretariat for your dedication and commitment to advancing palliative care in Kenya. The World Health Organization defines palliative care as “an approach that improves the quality of life of patients and their families facing problems associated with life-threatening illness, through the prevention and relief of suffering, early identification, assessment, and treatment of pain and other physical, psychosocial, and spiritual problems.” Globally, palliative care is recognized as an essential component of universal health coverage and is central to achieving the Sustainable Development Goals, particularly SDG 3, which emphasizes good health and well-being for all.

In 2024, KEHPCA made notable progress in expanding membership, strengthening policy and systems, and improving community awareness. Institutional membership grew to 60 facilities, reflecting increasing national commitment. Under the four strategic pillars—Member Revitalization and Development; Information, Education, and Awareness; Palliative Care Advancement; and KEHPCA Strengthening. KEHPCA achieved huge milestones in training health professionals, implemented online and in-person capacity-building programs and conducted support supervision visits in 17 counties to enhance service delivery.

KEHPCA also contributed to national policy development, collaborating with the Ministry of Health by driving initiatives that align palliative care with Kenya’s universal health coverage agenda and global best practices, ensuring that services are accessible, evidence-based and responsive to patients’ needs.

Community engagement remained a priority, with campaigns such as #PCMashinani, public webinars, and participation in events like the National Cancer Survivors Day, World Hospice and Palliative care week and day; reaching thousands and raising awareness on the importance of palliative care.

As we look forward, we remain committed to promoting universal access to compassionate and comprehensive palliative care.

With your continued support, KEHPCA will advance its mission to ensure that every patient in Kenya experiences dignity, relief and quality of life through palliative care.

Dr. Asaph Kinyanjui
Chair, KEHPCA Board

Pillar 1: Member Revitalization and Development

KEHPCA remains steadfast in coordinating and championing palliative care development across Kenya. Through this pillar, the organization seeks to strengthen a vibrant and diverse membership base that drives collective progress in palliative care delivery. By enhancing member value and fostering collaboration among healthcare providers, institutions, and communities, KEHPCA continues to create an enabling environment for unified action and sustainable growth in the sector.

In 2024, several strategic initiatives were undertaken to deepen member engagement, enhance visibility, and advance the delivery of quality palliative care services nationwide.

i. Digital Outreach and Visibility

KEHPCA strengthened its digital presence through targeted online campaigns aimed at increasing awareness and understanding of palliative care in Kenya. By consistently sharing program updates, impact stories, and educational content across Facebook, X (Twitter), Instagram, and YouTube, KEHPCA effectively reached diverse audiences and amplified the voices of palliative care providers and beneficiaries.

ii. #PCMashinani

The #PCMashinani initiative was launched to promote awareness of palliative care at the grassroots level. The campaign aimed to empower individuals and families to seek and utilize palliative care services by increasing understanding within communities.

Through collaboration with local radio and TV stations, palliative care facilities across Kenya aired awareness programs. Participating facilities included:



- Nyeri Hospice – Rware FM
- Meru Hospice – Muuga FM & Mwenge FM
- Thika Level 5 Hospital – Mwatu FM
- PCEA Kikuyu Hospital – Family TV
- Trans Nzoia PC Team – Mitume FM
- Oasis of Hope, Kericho – Just TV & FM
- Isiolo PC Unit – Radio Shahidi

This campaign successfully brought palliative care conversations closer to the community, reaching thousands of listeners across several counties.

iii. National Cancer Survivors Day

On 30th May 2024, KEHPCA participated in the National Cancer Survivors Day organized by the Kenya Network of Cancer Organizations (KENCO). As a panel member, KEHPCA addressed key issues on palliative care, survivorship, and the stigma surrounding cancer.

The event, attended by over 1,000 participants and covered by national media, provided a strong platform to demystify palliative care and promote its role in improving the quality of life for survivors and their families.



KEHPCA making its presentation on PC during the National Cancer Survivors Day

iii. Educational Webinars

WEBINAR

Building Sustainable Partnerships for Palliative Care

Jessica Kilonzo
Organizational Development Consultant
Speaker

David Musyoki
Executive Director
KEHPCA
Speaker

18th Sept 2024
7:00 pm - 8:30 pm
EAT

info@kehppca.org
www.kehppca.org

Throughout the year, KEHPCA hosted a series of educational webinars targeting members, the wider palliative care community and the general public. These sessions served as platforms for knowledge exchange, capacity strengthening, and discussion of emerging trends and challenges in palliative care delivery.

Key topics covered included; Building sustainable partnerships for palliative care, Integration of sexual and reproductive health into palliative care, managing depression and anxiety among children with life-limiting conditions, ethical considerations in paediatric palliative care, spiritual assessment for children with palliative care needs, Non-Pharmacological pain management in children with palliative care needs among others.

Through these webinars, KEHPCA fostered continuous learning, professional growth, and collaboration among practitioners, contributing to improved quality of palliative care services across the country.

iii. World Hospice and Palliative Care Week

KEHPCA joined the global community in commemorating World Hospice and Palliative Care Week from 7th to 12th October 2024, culminating in World Hospice and Palliative Care Day (WHPCD) on the 12th. The 2024 observance marked ten years since the WHO resolution on strengthening palliative care, celebrated under the theme “10 Years Since the Resolution – How Are We Doing?”

In partnership with the National Cancer Institute of Kenya and Mama Lucy Kibaki Hospital, KEHPCA organized a joint Breast Cancer Awareness and WHPCD Walk in Nairobi’s Eastlands area. The event successfully raised awareness of palliative care and its critical role in improving quality of life, reaching a broad cross-section of the community. Health screenings for breast and cervical cancers, as well as other non-communicable diseases, were conducted, while community health promoters were equipped with materials and guidance to link individuals to available palliative care services.

Complementing the physical event, KEHPCA ran a social media campaign highlighting stories from member facilities across the country, showcasing their experiences and achievements over the past ten years. Together, these efforts strengthened public understanding, promoted equitable access, and reinforced national commitment to comprehensive palliative care for all



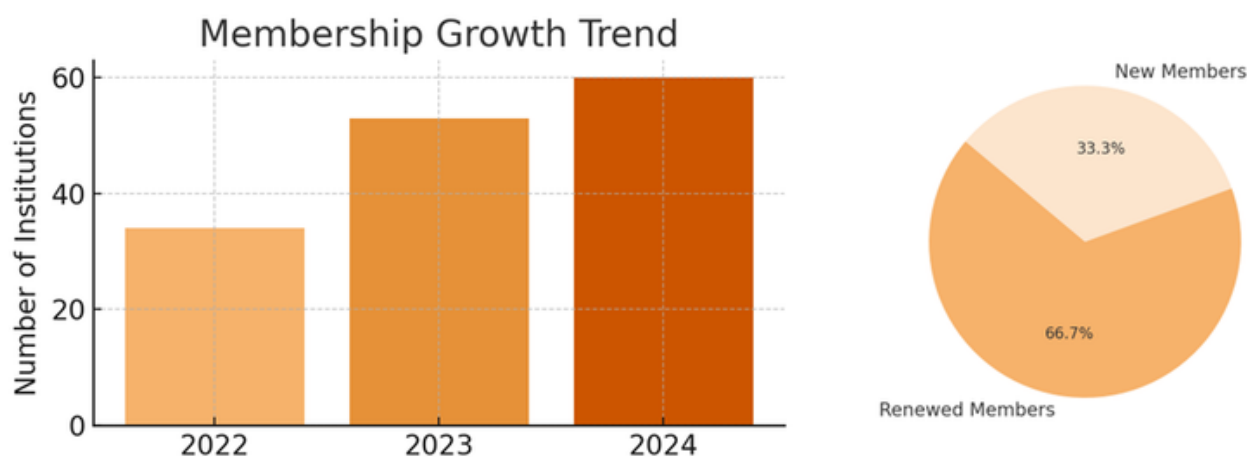
A social media post on PCEA Chogoria Mission Hospital Palliative Care Journey

Institutional Membership Highlights

KEHPCA’s institutional membership continued to expand in 2024, reflecting growing national commitment to palliative care. Membership increased from 34 institutions in 2022 to 53 in 2023 and 60 in 2024. This steady growth demonstrates the widening footprint of palliative care services across county hospitals, hospices, faith-based facilities, and community organizations.

Beyond the numbers, the trend shows stronger regional engagement, deeper sector ownership, and collective progress toward accessible, people-centered palliative care. This growth directly supports Strategic Pillar 1, which focuses on strengthening an inclusive and empowered membership network through training, knowledge exchange, collaboration, and shared visibility.

Institutional Membership Statistics



Celebrating Friends of KEHPCA

Friends of KEHPCA continue to play an invaluable role in advancing our mission. Their consistent support, compassion, and volunteer spirit bring hope and dignity to the individuals and families we serve. We appreciate their dedication and the warmth they bring to the palliative care movement.

Sustaining the KEHPCA Membership Movement

The KEHPCA Board and Secretariat extend heartfelt thanks to all members - past and present — whose commitment and collaboration have sustained this movement. Together, we are building a stronger KEHPCA and a more compassionate Kenya. We invite you to continue walking this journey with us — to renew, to grow, and to shine even brighter as part of this national movement for compassionate care.

Pillar 2: Information, Education and Awareness

The Information, Education and Awareness pillar serves as a cornerstone of KEHPCA’s mission to advance palliative care across Kenya. It is designed to empower healthcare professionals, communities, and policymakers by providing accurate, relevant, and context-sensitive knowledge. Through structured trainings, continuous professional development, thematic workshops, webinars, and dissemination of educational resources, this pillar fosters a deeper understanding of palliative care and promotes informed decision-making.

In 2024, KEHPCA undertook a series of strategic initiatives under this pillar to strengthen national capacity, enhance public awareness, and support the integration of palliative care into health systems and community structures.

a) Capacity building

KEHPCA supported the training of ----- health care professionals through various platforms:

| | TRAINING INITIATIVE | NUMBER OF TRAINEES |
|---|--|---------------------------|
| 1 | Pain Free Hospital initiative – American Cancer Society | 978 |
| 2 | My Child Matters – Foundation S | 111 |
| 3 | Hi – Five Project – THET (GHP) | 70 |
| 4 | KEHPCA online training | 140 |
| 5 | Trans Nzoia CHP palliative care sensitization | 100 |
| 6 | Collective Hope and Quality of Life for Lung Cancer patients | 57 |

Through the American Cancer Society funded, Pain Free Hospital Initiative, more health care workers in Nairobi (Kenyatta University Teaching and Referral Hospital), Kitui County (Kitui County Referral Hospital), Meru County (Kanyakine Sub County Hospital), Kisii County (Kisii Teaching and Referral Hospital), and Laikipia County (Laikipia Palliative Care Center) were trained on pain assessment and management among patients with life threatening illnesses, ensuring that patients receive compassionate and comprehensive care.

The trainees were drawn from different cadres, and were taken through the modules by experienced palliative care practitioners from their local contexts, using manuals prepared by KEHPCA. Other resources included the Beating Pain pocketbooks.



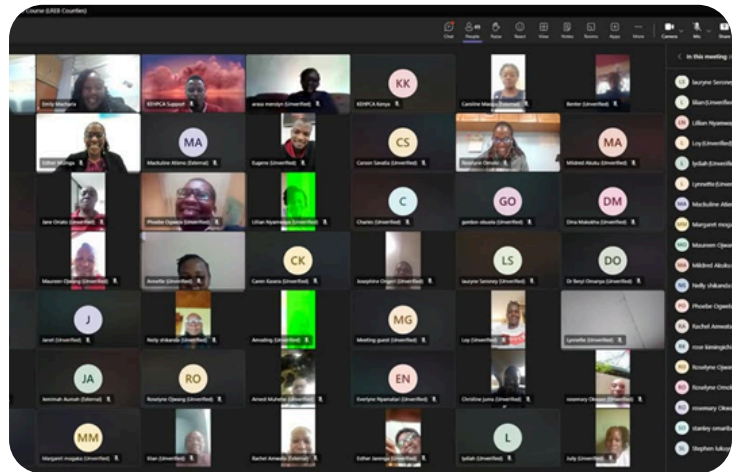
111 health care workers from different parts of the country had been onboarded onto the Global HOPE Children’s Palliative Care course, under My Child Matters – Wana Watunzwe program. This was a virtual course, following which, 69 trainees who had successfully completed the course within the stipulated time, underwent physical training at 5-day workshops. The 69 were divided into 2 cohorts, one consisting of health care workers from Nairobi and its environs and the other from Eldoret and Western Kenya. The Nairobi workshop had 32 trainees, guided by local and international paediatric palliative care experts. It was held in November, while the cohort 2 workshop was scheduled for February 2025.



70 health care workers from the Lake Region Economic Bloc advanced their skills through the ‘Introduction to Palliative Care for Health Workers’ course. The online self-paced learning initiative by KEHPCA working in collaboration with world Hospice Palliative Care Alliance, supported by THET (now Global Health Partnerships), equips them with essential knowledge and skills in palliative care provision. Each of the trained health worker is thereafter supposed to mentor 5 of their colleagues, in palliative care, further spreading the knowledge base.

Through KEHPCA’s e-learning platform, health workers were enrolled to the 6-week Introductory course to Palliative Care.

The self-paced course aims to equip them with basic knowledge and a practicum on palliative care practices in the country. It was fully sponsored by KEHPCA, and remains open subject to availability of funds.



43 Community Health Promoters at Kitale County Hospital were sensitized on Palliative Care, bringing the total to 100 within Trans Nzoia county. This was through a collaboration between KEHPCA, the county palliative care champions, and the county government.



A program partnership between, KEHPCA, Non-Communicable Diseases Alliance Kenya, and other stakeholders, resulted in a week-long training, titled “Collective Hope and Quality of Life for Lung Cancer Patients”, gave the participants insights on various aspects of lung cancer from different perspectives, including shared stories from persons with lived experiences.

KEHPCA also hosted and conducted various CMEs, both virtually and physically, that involved deep discussions on palliative care.

KEHPCA Kenya Hospice and Palliative Care Association
Hospice Care Kenya

WEBINAR

EXPLORING SPIRITUALITY IN CHILDREN: SPIRITUAL, RELIGIOUS, AND EXISTENTIAL CONCERNS OF CHILDREN WITH LIFE-LIMITING CONDITIONS

Rev. Kiplagat M. Meli
 Religious and Spiritual Care Chaplain
 Living Room International Hosp. Eldoret
Speaker

Dr. Weremba Masiga
 Psychiatry resident UON
 Pain and palliative care tutee
Moderator

Wed 24th July, 2024
 7:00 pm - 8:30 pm EAT
 CPD Accredited

info@kehpc.org
 www.kehpc.org
 fb.com/KEHPCAkenya

b) Engagement with the Ministry of Health and other stakeholders.

KEHPCA collaborated with the Ministry of Health, in hosting 2 week-long workshops that focused on developing the National Palliative Care Strategic Plan, National Palliative Care Standards, and reviewing the current Palliative Care guidelines. The writing team was made up of representatives from various MoH departments and partner institutions, working together to ensure a robust framework for palliative care delivery.

A key highlight was the establishment of the Healthy Aging, Palliative Care and Older Persons Division, at the Ministry of Health, that would oversee awareness and policy implementation in Palliative Care, in accordance to UHC.



PCEA Chogoria Hospital conducted a teaching Grad Round in collaboration with KEHPCA, and a clinical oncologist from the county, where 82 health care professionals participated in the learning session on pain management.

Healthcare workers involved the 'Accessible Equitable Sexual Reproductive Health Whenever, Wherever' project supported by AmplifyChange, went through a two-day workshop that served as a platform to share insights, explore collaboration opportunities, and identify gaps that need to be addressed to enhance accessibility of Sexual and Reproductive Health (SRH) services, within palliative care.

c) Palliative Care Resources

Palliative Care awareness was also enhanced through the provision of various Information, Awareness and Education materials to health workers, and community members - through hospices and palliative care units.

These ranged from posters on pain assessment and management – both adult and pediatric, to a Pioneer Guidebook for Caregivers of children with Palliative care needs, launched during the Children's Palliative Care workshop under the Wana Watunzwe project. Print copies were shared out to the trainers and trainees, and the soft version made available on KEHPCA's website.



d) Projects

i. My Child Matters – Wana Watunzwe

The Wana Watunzwe project aims to improve access to quality palliative care for children in Kenya with life limiting illnesses through capacity building, behavior change communication interventions, and policy gap analysis. 111 health care practitioners from various parts of the country were onboarded to an online course in Children’s Palliative Care. Upon completion, they were divided into 2 cohorts, who participated in 5-day physical workshops, starting with cohort 1, from 25th to 29th November, in Nairobi. 2 consultancy firms were engaged for the research studies and consequent development of Behavior Change and Communication tool, and a gap analysis report. The 3-year program is funded by Foundation S – My Child Matters and St. Jude Children’s Research Hospital.



ii. AmplifyChange - Accessible Equitable Sexual Reproductive Health

Since November 2023, KEHPCA has been implementing the ‘Accessible Equitable SRH Whenever, Wherever’ project with support from AmplifyChange. Implementation continued through 2024, focusing on strengthening the integration of Sexual and Reproductive Health (SRH) into palliative care across five partner facilities. AmplifyChange conducted supportive supervision and monitoring visits to all sites, contributing to improved service quality and project accountability. During the year, KEHPCA commissioned African Family Health to develop the Toolkit for the Integration of Sexual and Reproductive Health into Palliative Care Services. The process included a validation meeting with more than 25 stakeholders from implementing facilities and partner organizations. KEHPCA also developed and disseminated an SRH Factsheet to palliative care providers nationwide, enhancing knowledge and access to standardized SRH information. The five implementing partners continued providing SRH services to patients, collectively reaching over 500 individuals and sensitizing Community Health Promoters (CHPs) to strengthen referrals and community awareness.

Additionally, KEHPCA hosted a national webinar on SRH in Palliative Care, facilitated by expert Dr. Anisa Mburu, which attracted 307 participants and further built capacity among healthcare providers.



iii. Global Health Partnerships (formerly THET) – Hi 5 Approach

The Wana Watunzwe project aims to improve access to quality palliative care for children in Kenya with life limiting illnesses through capacity building, behavior change communication interventions, and policy gap analysis. 111 health care practitioners from various parts of the country were onboarded to an online course in Children’s Palliative Care. Upon completion, they were divided into 2 cohorts, who participated in 5-day physical workshops, starting with cohort 1, from 25th to 29th November, in Nairobi. 2 consultancy firms were engaged for the research studies and consequent development of Behavior Change and Communication tool, and a gap analysis report. The 3-year program is funded by Foundation S – My Child Matters and St. Jude Children’s Research Hospital.



Pillar 3: Palliative Care Advancement

This pillar focuses on advancing palliative care as a profession by advocating and facilitating its integration into policy frameworks, education, service delivery, and building evidence for palliative care.

a) Access to Oral Morphine Solution (OMS)

In this reporting period, KEHPCA procured 2 kilograms of morphine with support from the American Cancer Society (ACS). The morphine was then reconstituted at the Kenyatta National Hospital and distributed to member hospices and palliative care units with no associated costs, on a need basis. The distribution was made possible through the utilization of Kenya Medical Supplies Authority (KEMSA) and the Ministry of Health (MOH-National Cancer Control Program (NCCP)'s distribution pathways. Additionally, leadership from the Ministry of Health's Division for Health Aging Older Persons and Palliative Care has committed to working with KEHPCA, the Ministry of Health's Division of Health Products and Technologies, as well as other stakeholders in joining hands towards the streamlining of morphine's supply chains to ensure improved access to the essential pain medication to needy patients across Kenya. The previously finalized MOU that was spearheaded by the Ministry of Health remains key in guiding the operations between partners.

b) Support Supervision

Over this period, KEHPCA, with support from its partners, visited 17 Counties to support palliative care integration in Kisii, Makueni, Kitui, Nyandarua, Bomet, Vihiga, Trans Nzoia, Nyeri, Uasin Gishu, Laikipia, Siaya, Homabay, Kericho, Kisumu, Embu, Mombasa and Kwale County. One key outcome of the visits was sustained engagement with the Lake Region Economic Bloc Counties and eventual set up of 5 Palliative Care Units in facilities which previously had none. Additionally, the engagements with the coastal counties partially culminated in the selection of the Coast as the venue for hosting the 7th National Palliative Care Conference in February 2026.

The visits help strengthen relationships with County and regional leadership as well as palliative care providers.

During the visits, KEHPCA holds meetings with the county and facility administrative teams to discuss areas of collaboration, integration and scale up of palliative care.

Support Supervision Visits - 2024



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 27 March 2024 ·

Earlier today the KEHPCA team had a productive meeting with the [Nanyuki Teaching and Referral Hospital - NTRH - LHS Nanyuki](#) Administration led by the CEO, Dr. Kilonzo, Ag head of clinical services; Dr. Esbon Njau, and the palliative care team discussing the progress the facility has made and collaboration opportunities to ensure persons living with the palliative care team and their families receive the quality of life.

NTRH's palliative care unit has been offering palliative care services in an integrated approach since 2012.

KEHPCA commends the hospital for its commitment to enhancing PC service provision.

"We acknowledge that palliative care improves outcomes for patients not just in oncology, but also for other life-threatening conditions" Dr. Njau

[Laikipia Health Service - LHS](#)

#KehpcaCares

#PCMashinani



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 13 June 2024 ·

KEHPCA at the Coast Hospice [Mombasa County Government](#)

Coast Hospice opened its doors in 2004 and has been instrumental in offering quality care to patients alleviating pain, and mentoring palliative care providers in the coastal region and across the country. KEHPCA is delighted to have visited the Coast Hospice team, led by Eric Amisi, who are part of the Accessible Equitable Sexual Reproductive Health Whenever, Wherever project.

The initiative, supported by AmplifyChange, seeks to address Sexual Reproductive Health (SRH) concerns by integrating SRH into palliative care.

Kudos to the team for your endurance and great work in ensuring patients receive palliative care services! 🙌👏

#PCMashinani

#KehpcaCares



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 1 August 2024 ·

#pcmashinani 🙌

Today, KEHPCA had the privilege of meeting the administration and Palliative Care team at the [KISII TEACHING AND REFERRAL HOSPITAL \(KTRH\)](#) to discuss enhancing and integrating palliative care services for patients facing life-threatening/ limiting conditions and their families.

The facility offers inpatient, outpatient, and home-based care to palliative care patients within [Kisii County](#)

The hospital is set to launch the Pain-Free Hospital Initiative program, supported by the [American Cancer Society](#) aiming to train 500 healthcare professionals 🙌👏. An initiative that focuses on training and empowering healthcare workers on pain assessment and management, ensuring patients receive pain-free and comprehensive care.

[Kehpca - Kenya Hospices and Palliative Care Association](#) extends its appreciation to the hospital administration for their support in advancing [#palliativecare](#) and to the PC team led by Rose White Mogere for their immense dedication to patient care 🙌👏

#palliativecarematters

#KehpcaCares

The Ministry of Health Kisii County Government





Kehpca - Kenya Hospices and Palliative Care Association is at Kitui County.

Published by Ict Kehpca · 25 September 2024 · Kitui ·



Today, KEHPCA had the privilege of visiting Kitui Level 5 Hospital **KITUI County**. The team has a great time discussing the progress, opportunities, and challenges surrounding the delivery of **#palliativecare** within the County.

The facility is also set to launch the Pain-Free Hospital Initiative, supported by the **American Cancer Society** aiming to train 200 healthcare professionals in pain assessment and management. The initiative is a vital step toward transforming palliative care services in the region, helping to alleviate pain and improve the quality of life for patients.

KEHPCA is pleased to see the incredible strides the hospital has made and appreciates the PC team for dedication, led by Georgina and Alice, and greatly supported by the Hospital administration led by the Medical Superintendent, Dr. John Mungai.

Together, we continue strengthening palliative care services and building a brighter future for those in need.



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 26 September 2024 ·



The KEHPCA team as well visited the Makueni Level 5 Hospital **#palliativecare** team engaging in discussions focused on the unit's progress, emerging opportunities, and the challenges faced in providing palliative care services

The dedicated Palliative Care team of four plays a pivotal role in enhancing the quality of life for patients living with palliative care needs, as well as their families. Serving an average of over 300 patients monthly, their impact extends beyond Makueni County, to other neighboring regions.

The team also had the opportunity to meet with the hospital's CEO, Madam Martha Munyao, to deliberate on key issues surrounding palliative care. Her continued support, along with that of the hospital's medical superintendent, underscores the institution's vital role in advancing compassionate, patient-centered care.

We all have a responsibility in advancing PC





Kehpca - Kenya Hospices and Palliative Care Association is at Kitui County.

Published by Ict Kehpca · 25 September 2024 · Kitui ·



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Together, we continue strengthening palliative care services and building a brighter future for those in need.



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 23 October 2024 ·



KEHPCA convened a meeting at **Vihiga County Referral Hospital** with the Medical Superintendent, Dr. Victor Zimbulu, and the hospital palliative care team, including participants who recently completed a five-month online Palliative Care training program.

Vihiga County Referral Hospital has been one of the five institutions implementing an innovative capacity-building initiative, "HI 5 Palliative Care Approach."

The initiative's focus has been on training health care providers in **#palliativecare** across counties within the **Lake Region Economic Bloc**. The initiative's goal is to enhance the quality of life for patients and their families.

Dr. Zimbulu reaffirmed the hospital's commitment to advancing palliative care initiatives in the county, emphasizing a holistic approach. He highlighted that this comprehensive model is essential for improving the quality of life for patients with palliative care needs.

The HI-FIVE project, which is supported by THET and jointly implemented by KEHPCA and **Worldwide Hospice Palliative Care Alliance**, has been instrumental in equipping staff with the knowledge and skills necessary to deliver compassionate and

The next steps in this cascading approach aim to see an increase in staff undergoing training and mentorship.





Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 14 November 2024 ·



KEHPCA had the pleasure of joining the **Kenyatta National Hospital** Gestational Trophoblastic Neoplasia (GTN) Social Support Group meeting, where resilient warriors shared their powerful stories, highlighting both the victories and challenges on their journeys.

A key takeaway was the invaluable role of social support from family and friends, paired with the empathy and professionalism shown by healthcare providers. This has made a profound impact on patients and their families.

It was clear that raising awareness about Gestational Trophoblastic Diseases among the general public remains essential. The incredible work of the KNH team does not go unnoticed, and KEHPCA is grateful to stand alongside them.

Here's to continued collaboration with palliative care champions to enhance quality **#palliativecare** for all.



Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 6 December 2024 ·



Today, KEHPCA's programs team concludes a series of monitoring and evaluation visits in **Kisii County Kisii County Government**

The visits began on 04th December 2024 kicked off by a visit to Kisii County Referral Hospital and the Kisii County Health Management team, under the leadership of the CEC Health, Ms. Caren Orori, where integration and growth of PC care in the region was discussed.

The team also met the health care workers who had been trained on introduction to **#palliativecare** under the Hi-Five approach project, in partnership with the **Lake Region Economic Bloc** with funding from Global Health Partnerships, formerly THET.

The team subsequently met the Nyamache and Gucha Sub Counties Health management teams, headed by Dr. Victor Moseki and Dr. Wycliff Gutto respectively.

The Hi-Five project trained healthcare workers reported good peers into palliative care with few but navigable challenges.

KEHPCA remains committed to advancing and advocating for services to Kenya's grassroots.



c) Palliative care advocacy

KEHPCA, through continuous advocacy campaigned for inclusion and integration of inclusive and quality palliative care services in the country. We strengthened our existing partnerships and collaborations and reached for new partnership frontiers with the sole intention of advocating for a wider palliative care reach. Resultantly, KEHPCA was represented in some of the activities led by our partners like the White Ribbon Alliance-Kenya in November 2024. We were honored to welcome several of our collaborators to the KEHPCA offices. These visits created valuable platforms for ongoing discussions on the current state of palliative care in Kenya and explored strategies to make it more equitable and accessible for all patients and families in need.



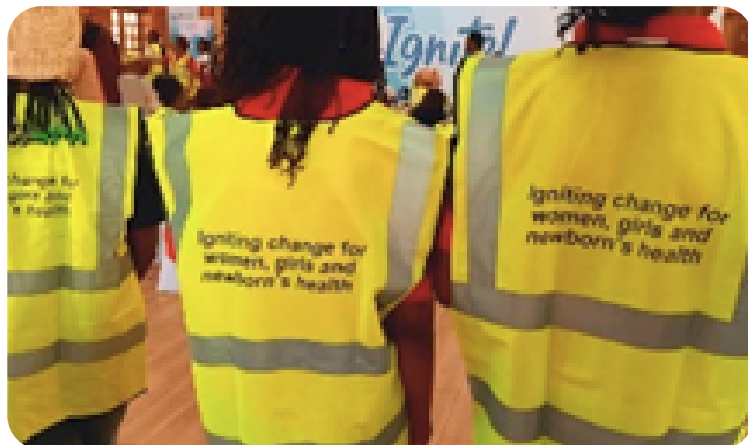
Kehpca - Kenya Hospices and Palliative Care Association

Published by Ict Kehpca · 6 December 2024 ·

Today KEHPCA participated in the Ignite! Annual Action Network Summit, hosted by The **White Ribbon Alliance Kenya** at the Kenya School of Government under the theme igniting grassroots actions for women, girls, and newborns' health and well-being.

The summit that brought together grass root organizations called for a united effort where every woman, girl, and newborn can lead a healthy and fulfilling life and where their rights are heard, respected, and upheld!

KEHPCA remains committed to advancing palliative care and supporting long-lasting, impactful change for a healthier future.





KEHPCA had the privilege of hosting the Global Health Workforce Partnerships GHWP- THET team at our offices on 16th September 2024.

The discussions focused on gaining insights into the progress of the project, highlighting key achievements to date, addressing any challenges encountered, and the solutions implemented. We also explored opportunities for further collaboration and how THET can continue to support our shared goals.

KEHPCA with support from THET is implementing the HI-FIVE project in the [Lake Region Economic Bloc](#) which aims at training healthcare workers on the "Introduction to Palliative Care for Care Workers course" aiming at improving the quality of care for patients with palliative care needs and their families.

[#KehpcaCares](#)



Kehpca - Kenya Hospices and Palliative Care Association had very fruitful discussions with Mr. Philip Odiyo on integrating sexual and reproductive health in palliative care

Mr. Philip is the country Lead: Afresh Chapter and member of ISSM (International Society for Sexual Medicine Global outreach committee)

Sexuality is an inherent part of a human being and should not be left behind when addressing holistic needs of patients

KEHPCA is implementing a pilot project on integration of Sexual Reproductive Health Needs in provision of [#palliativecare](#) with support from AmplifyChange



Participation in key technical working groups including the National Palliative Care Technical working group and the Childhood Cancer

KEHPCA Participated in developing, review and validating documents including

- The National Cancer Strategic Plan 2023-2028. The review meeting evaluated the progress made so far in comparison to the roadmaps laid down in the strategic plan.
- National Palliative Care Guidelines led by the Ministry of Health's Division of Healthy Aging, Palliative Care and Older Persons.
- External Stakeholder's validation of SHA benefits package before the roll out, in October 2024.
- Development of the National Palliative Care Standards and Strategic Plan.
- Participated in the External Validation of the New Mental Health Guidelines.



Kehpca - Kenya Hospices and Palliative Care Association

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Stakeholders led by **The Ministry of Health** involved in the development of the National Palliative Care Strategy and review of the national palliative care standards at Afya Annex - Kenyatta



Kehpca - Kenya Hospices and Palliative Care Association had the privilege of joining other esteemed stakeholders in the Kenyan health space during the national validation on the tariffs to the social health insurance benefits package, under the Social Health Insurance Act, No. 16 of 2023 graced by the Health CS, Dr. Deborah Barasa.

The scheme whose roll-out is to be effected on 1st October 2024 comprises the Primary Health Care Fund, Social Health Insurance Fund, and emergency, Chronic, and Critical Illness fund.

KEHPCA's representation lauded the **Social Health Authority** for the inclusion of **#palliativecare** services in the new act and advocated for improvement of the benefits set apart for people with palliative care needs.

We also had discussions with 4 CECs for health, who are members of the Council of Governor's (COG) health caucus and discussed several issues regarding the advancement of palliative care to the Kenyan grassroots.

KEHPCA is grateful to the Social Health Insurance and Council of Governors's (COG) health caucus leadership





The Ministry of Health, in partnership with KEHPCA, is hosting a week-long workshop devoted to enhancing #palliativecare in Kenya.

This initiative aims to review the current palliative care guidelines, develop a palliative care strategy and palliative care standards.

We are honored to have Mannaseh Bocha, the Chief Clinical Officer at MOH, officially open the workshop on behalf of the Director, Clinical and Nursing Services..

Access to quality palliative care is a human right and a priority as highlighted in the Kenya Palliative Care Policy 2021-2030 and the workshop marks a significant step towards ensuring a Kenyan population with access to quality palliative care services.



Palliative Care Awareness and media

Over the period, KEHPCA and her members made statements and featured palliative care in several mainstream media platforms including television, Radio and newspapers.

The mainstream media houses also highlighted strides made in palliative care on several key occasions on cancer care where KEHPCA and palliative care professionals and patients gave their views on palliative care.

CONCLUSION

As best practices and new technologies emerge amidst changing cultural perspectives within the country and beyond, KEHPCA is keen to leverage previous successes and partnerships, acknowledging the critical role it plays for the progress and growth of palliative care. KEHPCA continues to work with various partners and stakeholders with a similar vision of alleviating the suffering of patients and families with palliative care needs.

Pillar 4: KEHPCA Strengthening

a) Governance

The organization made significant strides in enhancing governance, systems and overall institutional capacity. The organization maintained full compliance with statutory requirements while reinforcing structured project management processes to support efficient implementation. The KEHPCA's Board of Directors provided steadfast governance and strategic leadership, ensuring that the Association remained focused on its mission to expand access to quality palliative care across Kenya. The Board's structure is designed to promote effective oversight and uphold the highest standards of accountability, with key leadership roles including the Chair, Vice Chair, Honorary Secretary, and Honorary Treasurer. Elected and nominated members bring diverse expertise in governance, advocacy, legal matters, and programmatic oversight, collectively guiding the Association's strategic priorities and reinforcing its commitment to excellence.

KEHPCA Board Members - 2024

| No. | Name | Role / Position | Status |
|-----|------------------------|------------------------------|-----------|
| 1 | Prof. John Weru | Chair | Elected |
| 2 | Mr. Christopher Maundu | Vice Chair | Elected |
| 3 | Mr. Benard Mandi | Honorary Treasurer (Finance) | Nominated |
| 4 | Mrs. Ruth N. Were | Honorary Secretary | Elected |
| 5 | Ms. Linet John | Board Member | Elected |
| 6 | Dr. Asaph Kinyanjui | Board Member | Elected |
| 7 | Ms. Catherine Wachira | Nominated Member (Legal) | Nominated |
| 8 | Ms. Stella Mwari | Board Member | Elected |
| 9 | Dr. Zipporah Ali | Nominated Member (Advocacy) | Nominated |

During the year, three long-serving Board members completed their terms: Prof. John K. Weru, Mrs. Ruth N. Were, and Mr. Christopher Maundu. KEHPCA is deeply grateful for their dedicated service and the invaluable contributions they made to advancing palliative care in Kenya.

During the period, there were staff changes. The Executive Director transitioned. The seconded Special Coordinator for Pain Relief and Palliative Care was recalled back to the Ministry of health. KEHPCA employed two additional staff to fill in the positions of Director of Programs and a Programs Officer.

The organization reviewed all its governance and operational policies. All the documents have since been ratified and signed.

The Annual General Meeting was held physically on 15th November 2024 in Nairobi, during which elections for 3 board positions were held.

b) Compliance

KEHPCA maintained adherence to statutory obligations and project meetings, with timely submission of reports and other documents needed through the year.

c) HR Training and Skills Development

KEHPCA staff participated in various professional development opportunities, such as:

- Kenya Society of Hematology and Oncology conference in Kisumu
- The 56th SIOP congress in Honolulu
- A workshop on Fundraising

d) Monitoring & Evaluation Overview

In 2024, KEHPCA's Monitoring and Evaluation efforts continued to track progress across the Strategic Plan (2022–2026), with key activities captured through the Activity Tracker. The year reflected steady implementation across several strategic pillars.

Under Member Revitalization and Development, one member-strengthening training was conducted in June 2024, marking a concrete step in enhancing the capacity of KEHPCA's membership base.

In Information, Education, and Awareness, community engagement remained active, with outreach events taking place in May and June 2024, maintaining KEHPCA's presence at community level. PLWPCN participation was lower than in 2023 but still present, with several smaller individual engagements recorded throughout the year.

Under KEHPCA Strengthening, no staff development activities were documented for 2024, suggesting limited internal capacity-building engagement during this period.

Overall, 2024 showed moderate progress, with notable activity in membership capacity building and community outreach, while other areas—particularly dissemination, evidence generation, and staff development—experienced reduced output compared to surrounding years.

KEHPCA Staff Members - 2024

| No. | Name | Role / Position |
|-----|-----------------|---------------------------------|
| 1 | David Musyoki | Executive Director |
| 2 | Miriam Igobwa | Finance/ Administrative Manager |
| 3 | Roselyne Omolo | Director of Programmes |
| 4 | Dr. Beryl Okose | Program Officer |
| 5 | Josephine Muya | Administrative Officer |
| 6 | Emily Macharia | Liaison Officer |
| 7 | Paul Kutto | ICT/M&E Officer |
| 8 | Matthew Ndote | Office and Logistics Assitant |

Financial Highlights

STATEMENT OF COMPREHENSIVE INCOME - YEAR ENDED 31 DECEMBER 2024

| | 2024 | 2023 |
|-----------------------------|--------------------------|--------------------------|
| | KES | KES |
| Income | | |
| Grants and Donations | 44,476,583 | 32,572,962 |
| Other Income | <u>5,677,178</u> | <u>6,509,903</u> |
| Total Income | <u>50,153,761</u> | <u>39,082,865</u> |
| Expenditure | | |
| Administration Costs | 3,374,440 | 3,131,278 |
| Personnel Costs | 16,704,173 | 14,153,815 |
| Program Costs | <u>30,273,255</u> | <u>21,852,097</u> |
| Total Expenditure | <u>50,351,868</u> | <u>39,137,190</u> |
| Deficit for the year | <u>-198,107</u> | <u>-54,325</u> |

STATEMENT OF FINANCIAL POSITION - 31 DECEMBER 2024

| | 2024 | 2023 |
|----------------------------------|--------------------------|--------------------------|
| | KES | Restated KES |
| Assets | | |
| Non-current Assets | | |
| Property and Equipment | 23,663,034 | 19,528,245 |
| Intangible Assets | 431,786 | 412,851 |
| Investments in Equity | 90,365 | 73,670 |
| Total Non-current Assets | <u>24,185,185</u> | <u>20,014,766</u> |
| Current Assets | | |
| Accounts Receivable | 924,127 | 1,238,878 |
| Cash and Cash Equivalents | <u>40,497,890</u> | <u>53,204,179</u> |
| Total Current Assets | <u>41,422,017</u> | <u>54,443,057</u> |
| Less: Current Liabilities | | |
| Accounts Payable | 592,447 | 676,949 |
| Deferred Income | <u>35,172,698</u> | <u>47,894,434</u> |
| Total Current Liabilities | <u>35,765,145</u> | <u>48,571,383</u> |
| Net Current Assets | <u>5,656,872</u> | <u>5,871,674</u> |
| Total Assets | <u>29,842,057</u> | <u>25,886,440</u> |
| Represented By: | | |
| General Fund | 5,747,237 | 5,945,344 |
| Capital Fund | <u>24,094,820</u> | <u>19,941,096</u> |
| Total Fund Balances | <u>29,842,057</u> | <u>25,886,440</u> |

KEHPCA recognized a growth in incomes in 2024 by approx. 11m up from 39m in 2023.

These is reflected in our program activities going up by 9m and a rise of 2m in personnel due to the engagement of 2 additional staff as shown above.

This financial year, KEHPCA continued to receive financial support towards ongoing programs from Segal Family Foundation, Sanofi and Amplify Change, American Cancer Society, Hospice Care Kenya, and Charity Aid Foundation. We were excited to have Tropical Health Educational Trust (THET) now Global Health Partnerships (GHP) sign up for a 1-year project in February 2024. We take this opportunity to thank all our financial partners for their trust and continuous support in making KEHPCA achieve her goals.

Why Institutions Join KEHPCA

Becoming a KEHPCA institutional member is more than formal affiliation — it is an open door to a passionate, nationwide movement dedicated to compassionate care.

KEHPCA members are part of a vibrant, growing family working together to transform palliative care across Kenya. Each member brings something unique, and together we amplify our collective voice, reach, and impact.

Institutional membership comes with rich value, both practical and strategic, including:

National Recognition – Profiled in KEHPCA communications and national stakeholder events.

Training & Capacity Building – Continuous professional development for staff.

Networking & Knowledge Exchange – Peer learning across counties and sectors.

Policy Influence – Collective advocacy in shaping policy at national and county levels.

Early Access to Opportunities – Timely updates on funding, training, and events.

Member-Only Events – Attendance and participation during the KEHPCA Members Annual General Meetings.

Reduced rates to attend the KEHPCA biennial palliative care conferences.

Interested in joining? Download the Institutional Membership Form here:

<https://kehPCA.org/wp-content/uploads/2023/05/KEHPCA-MEMBERSHIP-FORM-Digitally-Fillable.pdf>



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